

# PRESCHOOL

## PROGRAM GUIDE

**CPML**  
DANCE ♥

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[www.counterpointdancemarda.com](http://www.counterpointdancemarda.com)

Use this guide to learn more about CPML's Preschool Program and find the right class for your dancer!

Following your dancer's age (**as of September 1st, 2025**), view program recommendations below for you throughout the 2025/26 Season season.

### Any questions?

As we know, it is not one path fits all. Please reach out to our Preschool Coordinator if you have any questions regarding your dancer.



[preschool@counterpointdancemarda.com](mailto:preschool@counterpointdancemarda.com)

## HOW TO REGISTER

### Sessional Programs

Fall, Winter, Spring

- 1) Sign in or create an account online [here](#).
- 2) Select *Enrol in a Class* to view current sessions and find a class.
- 3) Confirm enrolment and complete the checkout process.

*\*Session fee due upon enrolment to secure your dancer's registration.*

### Full Year Programs

September to June

Registration for Full Year Preschool classes can also be found online, under our **2025/26 Dance Season for Preschool Full Yr & Main** schedule.

*\*Registration fee and 1 month tuition due upon enrolment to secure your dancer's registration. Monthly tuition due Sept-May.*



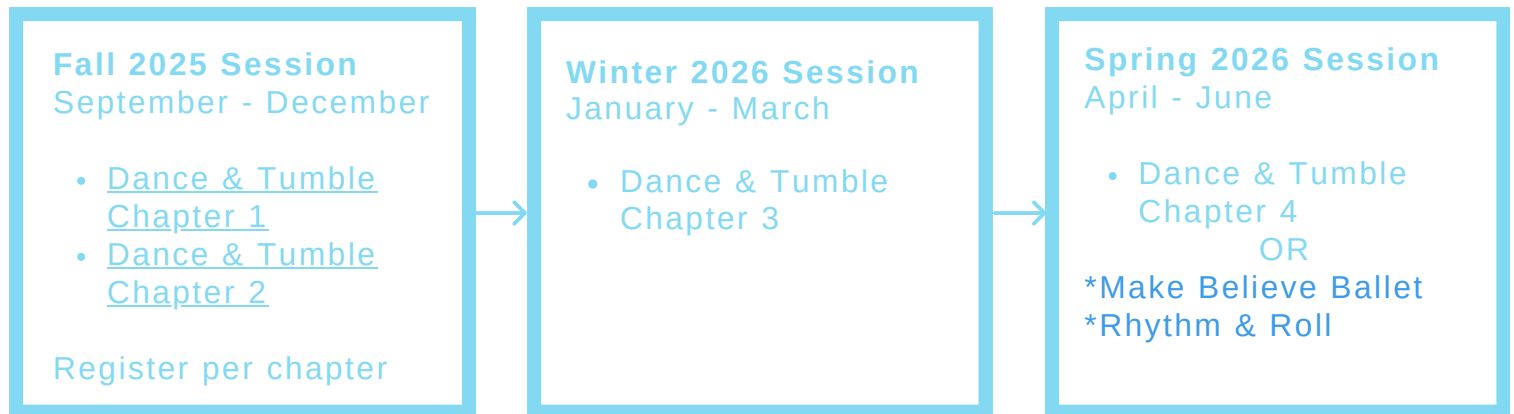
We look forward to dancing with you!



# 1 & 2 YEARS OLD

## First steps

We recommend starting with our Dance & Tumble program! This is our parented program, offered in "Chapters" which build on each other throughout the season.

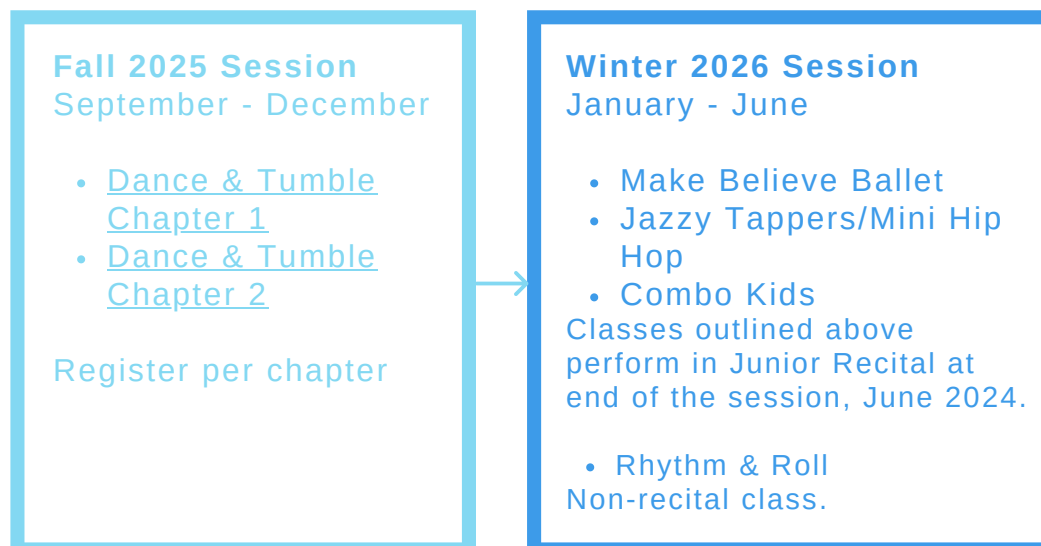


*\*If your dancer is turning 3 years old during Chapter 3, there is the option of looking at moving to a non-parented class in the New Year and joining our Explore More program, for dancers ages 3-4 years.*

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## If your dancer is 2 years old on September 1st...

We recommend beginning in our Dance & Tumble program and from there you can either follow the path above or consider a class from our Explore More program, for dancers ages 3-4 years, in Winter 2025!



# 3 YEARS OLD

*Choose between our Sessional Preschool Programs or Full Year Preschool Program*

## Sessional Preschool Programs

Sessional programs are a great option if this is your child's first non-parented class, your child is new to dance or if your family's schedule does not allow for a full year program. Our Sessional Preschool program is designed to progress from the Fall to Winter session, with a Recital opportunity at the end of the season, in June 2025!

### Fall 2025 Session

September - December

- [Make Believe Ballet](#)
- [Rhythm & Roll](#)
- [Jazzy Tappers/Mini Hip Hop](#)
- [Combo Kids](#)



### Winter 2026 Session

January - June

- Make Believe Ballet
- Jazzy Tappers/Mini Hip Hop
- Combo Kids

Classes outlined above perform in Junior Recital at end of the session, June 2025.

- Rhythm & Roll  
Non-recital class.

## Full Year Preschool Programs

CPML's new Leap & Learn program is the perfect fit for dancers who love to move and would enjoy a progressive, full year class. This 10-month program allows dancers to develop, both individually and as a group, in a consistent manner due to the weekly commitment. The values of friendship and belonging are nurtured as dancers move through Leap & Learn!

This program is recommended for 3 year olds who know they love to move.

### Full Year Program

10 months | September - June

- [Leap & Learn](#)

\*Dancers will perform in our Junior Recital at the end of the season, June 2025.



# 4 YEARS OLD

*Choose between our Sessional Preschool Programs or Full Year Preschool Program*

## Sessional Preschool Programs

Sessional programs are a great option if your child is new to dance or if your family's schedule does not allow for a full year program. Our Sessional Preschool program is designed to progress from the Fall to Winter session, with a Recital opportunity at the end of the season, in June 2025!

### Fall 2025 Session

September - December

- [Make Believe Ballet](#)
- [Rhythm & Roll](#)
- [Jazzy Tappers/ Mini Hip Hop](#)
- [Combo Kids](#)



### Winter 2026 Session

January - June

- Make Believe Ballet
- Jazzy Tappers/Mini Hip Hop
- Combo Kids

Classes outlined above perform in Junior Recital at end of the session, June 2025.

- Rhythm & Roll  
Non-recital class.

## Full Year Preschool Programs

This 10-month program inspires young dancers and introduces them to a variety of dance styles while building social skills and lasting friendships. This program prepares dancers for the transition into our Main Program.

*Intro 2 Dance* is recommended for 4 year olds with previous dance experience.

### Full Year Program

10 months | September - June

- [Intro 2 Dance](#)

\*Dancers will perform in our Junior Recital at the end of the season, June 2025.

